

**Insomnia? ADHD ?
Anxiety ? Addiction ?
Headaches ?
Head Injury ?
PTSD? Depression ?**

Neurofeedback for mental fitness!

Much like fitness training, we use **Neurofeedback** to strengthen specific brainwave patterns to optimize your capacity for excellence.

Neurofeedback retrains your brain to release old, stuck patterns and remap with more stable, efficient brainwaves.

Neurofeedback...

- Is a Drug-free therapy
- Quiets the Mind
- Unlocks your Potential
- Brings calm and focus
- Is Effortless + Effective

**Call now for a free
15 minute evaluation!**

Gift certificates available

Testimonial

"Neurofeedback was a game-changer. My son has gone off his ADD meds and is at ease in himself, at school and at home. A miracle."

D.A., Ferndale, WA

Physician Approved

"In my opinion, if any medication had demonstrated such a wide spectrum of efficacy as neurofeedback it would be universally accepted and widely used."

Frank H. Duffy, MD

*Professor, and Pediatric Neurologist
Harvard Medical School*



RESTORATIVE THERAPEUTICS

1118 Finnegan Way, Suite 102
Bellingham WA 98225

360.752.2111

callthehomeopath@gmail.com

www.RTBham.com

Cancer Treatment Support with



Neurofeedback

**Helping cancer patients lift
the 'Chemo brain' fog and
gain relief from nerve pain,
numbness and other common
side-effects.**

**RESTORATIVE
THERAPEUTICS**

www.RTBham.com



Neurofeedback

addresses problems of brain impairment and nerve pain from chemotherapy:

- **Memory lapses**
- **Poor concentration**
- **Loss of coping skills**
- **Nerve pain and numbness**
- **Sleep disturbance**
- **Fatigue**

Neurofeedback -'brain training' - helps lift the cognitive cloud and restore mental clarity. Nerve pain, burning, tingling since chemo may be relieved with neurofeedback - an effective, drug-free solution

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Medication-Free Relief

Brain waves may become unstable and inefficient
- manifesting as mental fog, nerve pain and emotional disturbances
- after chemotherapy.

The goal of Neurofeedback is to enhance the brain-wave patterns associated with focus, ease, painlessness, mood stability

The Result:

Chemotherapy induced side effects causing discomfort, distraction and distress will diminish when you train your brain to fire and re-wire after chemo. Neurofeedback has a proven track record helping cognitive impairment and nerve pain resulting from cancer treatment.

Try NeuroFeedback for

* **Focus**

* **Confidence**

* **Attentiveness**

* **Ease**

Peak Performance

Athletes, Musicians, Golfers

Attorneys, Physicians

Executives

High Achievers

Students

Focus and emotional balance is the key to peak performance in all fields. Neurofeedback trains your brain to "fire and wire" more efficiently, improving mental function, and emotional stability.

The brain ultimately controls focus, performance, mood, behavior, sleep, intelligence, pain, and confidence.

*Train Your Brain.
Claim your Excellence.*

Carolyn Hallett JD, CCH



Carolyn is a Board Certified Homeopath and Neurofeedback practitioner. She has been in practice since 1999 - sharing her love of natural therapies that work.