

**Distractable? Anxious?
Impulsive? Restless?
Autism Spectrum?
Mood Instability?**

Neurofeedback for mental fitness!

Much like fitness training, we use **Neurofeedback** to strengthen specific brainwave patterns to optimize your capacity for excellence.

Neurofeedback retrains your brain to release old, stuck patterns and remap with more stable, efficient brainwaves.

Neurofeedback...

- **Is a Drug-Free therapy**
- **Quiets the Mind**
- **Unlocks your Potential**
- **Brings calm and focus**
- **Is Effortless and Effective**

**Call now for a free
15 minute evaluation!**

Gift certificates available

Testimonial

"Neurofeedback was a game-changer. My son has gone off his ADD meds and is at ease in himself, at school and at home. A miracle." **D.A. Ferndale, WA**

Physician Approved

"In my opinion, if any medication had demonstrated such a wide spectrum of efficacy as neurofeedback it would be universally accepted and widely used." **Frank H. Duffy, MD**
*Professor, and Pediatric Neurologist
Harvard Medical School*



RESTORATIVE THERAPEUTICS

1118 Finnegan Way, Suite 102
Bellingham WA 98225

360.752.2111

callthehomeopath@gmail.com

www.RTBham.com

Neurofeedback for ADHD Sensory Integration Learning Disabilities



**Helping Children and Adults
Train their Brains to find more**

***Calm**

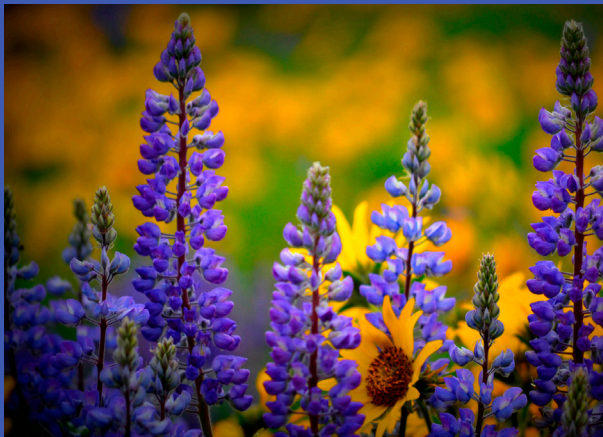
***Control**

***Focus**

***Healing**

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Neurofeedback

addresses problems of
brain dysfunction:

- **ADHD**
- **Sensory Processing disorders**
- **Learning Disabilities**
- **Speech and Language disorders**
- **Hypersensitivity**
- **Behavior and Mood disorders**

Neurofeedback is also useful for head injuries, autism spectrum, seizures and anxiety disorders.

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Medication-Free Kids

The brain emits different types of waves depending on whether we are in a focused state or distracted.

The goal of Neurofeedback is to enhance the brain-wave patterns associated with focus.

The Result:

Some symptoms of ADHD such as impulsivity, distractibility, and acting-out diminish.

Is your child receiving Negative Feedback?

“You’re not trying”

“Stay on track”

“Pay attention!”

Try NeuroFeedback for

***Focus**

***Confidence**

***Attentiveness**

***Ease**

**The American Pediatric Academy
has endorsed Neurofeedback as a
“Level 1/Best Support” treatment
for children with ADHD
and Learning Disabilities**

These kids are often as smart or smarter than their peers, yet their brains are wired differently - traditional learning environments may be difficult

Neurofeedback trains the brain to “fire and re-wire” in more stable, organized and efficient ways resulting in a reduction in distractibility, behavior challenges, and other impediments to peak performance.

***Train Your Brain.
Claim your Excellence.***

Carolyn Hallett JD, CCH



Carolyn is a Board Certified Homeopath and Neurofeedback practitioner. She has been in practice since 1999 - sharing her love of natural therapies that work.